

Sports@HKUST

Sports draw people together in HKUST and foster a spirit of belonging and dedication while having fun. The Sports & Wellness Team is committed to helping students maintain a balanced lifestyle through engaging in Healthy Lifestyle Course, intramural and intervarsity sports events.

HKUST Sports Teams Flag Presentation Ceremony

Sports is an important part of students' experience at HKUST. At the start of Fall Term, President Tony F Chan will commission all HKUST athletes to the University Sports Federation of Hong Kong, China (USFHK) competitions, empowering student team captains to lead their teams to victory.

Regular practices and competitions polish up students' sports skills and allow them to practise sportsmanship, perseverance and team work in real authentic environments. Other students share the joy and excitement as spectators and the pride as our sports teams compete for HKUST and display outstanding sportsmanship. Together, we strive for a common goal.



Sports Clubs & Teams

There are over 30 sports clubs that are affiliated to the Students' Union. The sports clubs organize a wide range of sports activities for their fellow students and also take the lead in organizing annual sports tournaments for their local and overseas counterparts.

- Archery (射箭)
- Badminton (羽毛球)
- Basketball (籃球)
- Cricket (板球)
- Cross-country (越野跑)
- Dance (舞蹈)
- Dragon Boat (龍舟)
- Fencing (劍擊)
- Football (足球)
- Handball (手球)
- Judo (柔道)
- Karate (空手道)
- Kendo (劍道)
- Korfball (合球)
- Netball (投球)
- Rowing (划艇)
- Rugby (欖球)
- Shaolin Martial Arts (少林武術)
- Softball (壘球)
- Sport Climbing (運動攀登)
- Squash (壁球)
- Swimming (游泳)
- Table Tennis (乒乓球)
- Taekwondo (跆拳道)
- Taichi (太極)
- Tchoukball (巧固球)
- Tennis (網球)
- Track and Field (田徑)
- Volleyball (排球)
- Water Polo (水球)
- Wing Chun Martial Arts (詠春武術)



Sports@HKUST

Participation in Sports Competitions

HKUST sports teams actively take part in the following annual **sports competitions organized by the University Sports Federation of Hong Kong, China (USFHK)** from September to April, competing against students in 10 other local tertiary institutions:

- Aquatic Meet
- Athletic Meet
- Badminton
- Basketball
- Cross-country
- Fencing
- Handball
- Karate
- Rugby
- Soccer
- Squash
- Table Tennis
- Taekwondo
- Tennis
- Volleyball
- Woodball



Women's Football (女子足球)



Table Tennis (乒乓球)

Our teams are enthusiastic participants in **joint university** and **open sports competitions** in archery, cricket, dance, dragon boat, kendo, korfball, netball, rowing, softball, sport climbing, tchoukball and water-polo.



Rugby (榄球)



Netball (投球)



Rowing (划艇)

➔ <http://sports.ust.hk>
For more information on Sports Clubs and Teams

➔ [Fill in the form](#)
If you have experience in the sports and will commit time to join the HKUST Sports Teams

➔ [Click here](#)
For more information on Sports Team trainings and intervarsity sports competitions

Invitation to Join HKUST Sports Teams

To facilitate the HKUST Sports Teams to form teams for joining the upcoming sports competitions in 2014-15, if you have experience in the sports and will commit time to join the HKUST Sports Teams, please click [here](#) to complete the form by 8 Sep. 2014. Upon receipt of your reply, the concerned Team Leader will contact you to join their team recruitment and selection to be held during the team trainings

Sports Team Training and Competition Details

Intersports Competition Details			Sport	Club & Team Training Details		
Name	Date(s) / Day(s) & Time	Venue	Contact email	Days & Time	Venue @ HKUST	(Refer to map)
To-be-announced (TBA)	TBA	TBA	Archery (M & F) su_archy@ust.hk	Sun. 9am - 1pm	LG4204	(1)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 1 - 6pm	CityU	Badminton (M & F) su_bad@ust.hk	Mon. 6 - 8pm Wed. 8 - 10pm	S.H. Ho Sports Hall	(1)
USFHK	Saturdays (1 Nov. 2014 - Apr. 2015) 1 - 8pm	HKBU	Basketball (M) su_bball@ust.hk	Mon. 8 - 10pm	S.H. Ho Sports Hall	(1)
USFHK	Saturdays (1 Nov. 2014 - Apr. 2015) 1 - 8pm	HKBU	Basketball (F) su_bball@ust.hk	Thu. 8 - 10pm	S.H. Ho Sports Hall	(1)
TBA	TBA	TBA	Cricket (M) su_cricket@ust.hk	Sat. 8 - 10am	* Fok Ying Tung Sports Center	(2)
USFHK	16 Nov. 2014 (Sun.) 9am - 12nn	HKIEd	Cross Country (M & F) su_run@ust.hk	Mon. 6:30 - 8:30pm Thu. 6:30 - 8:30pm	* Fok Ying Tung Sports Center	(2)
TBA	TBA	TBA	Dance (Mixed) su_dance@ust.hk	Thu. 7 - 10pm Sun. 1 - 3pm	LG4204	(1)
TBA	TBA	TBA	Dragon Boat (M & F) su_dboat@ust.hk	Tue. 6:30 - 8:30pm Thu. 6:30 - 8:30pm Sat. 9:30am - 12:30pm	Tue.* Fok Ying Tung Sports Center Thu. Pak Sha Wan Sat. Pak Sha Wan	(2) (Off-campus) (Off-campus)
USFHK	14 & 15 / 21 & 22 Mar. 2015 (Sat. & Sun.) 9am - 7pm	CityU	Fencing (M & F) su_fence@ust.hk	Tue. 7 - 9pm Sat. 6 - 10pm	Tue. LG1027 Sat. LG4204	(1)
USFHK	Saturdays (1 Nov. 2014 - Apr. 2015) 1 - 6pm	HKU/ HKIEd/ JSC	Football (M) su_fbball@ust.hk	Thu. 8 - 10pm	* Fok Ying Tung Sports Center	(2)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 9am - 1pm	CUHK	Football (F) su_fbball@ust.hk	Fri. 8 - 10pm	* Fok Ying Tung Sports Center	(2)
USFHK	Saturdays (1 Nov. 2014 - Mar. 2015) 1 - 8pm	HKU	Handball (M) su_hbc@ust.hk	Fri. 8 - 10pm	S.H. Ho Sports Hall	(1)
USFHK	Saturdays (1 Nov. 2014 - Mar. 2015) 1 - 8pm	HKU	Handball (F) su_hbc@ust.hk	Tue. 6 - 8pm	S.H. Ho Sports Hall	(1)
TBA	TBA	TBA	Judo (Mixed) su_judo@ust.hk	Tue. 7 - 10pm Fri. 7 - 10pm	Tue. LG4204 Fri. LG1027	(1)
USFHK	14 & 15 / 21 & 22 Mar. 2015 (Sat. & Sun.) 9am - 7pm	HKUST	Karatedo (Mixed) su_karat@ust.hk	Wed. 7 - 10pm Sat. 3 - 6pm	Wed. LG1027 Sat. LG4204	(1)
TBA	TBA	TBA	Kendo (M & F) su_kendo@ust.hk	Wed. 7 - 10pm Fri. 5 - 7pm	LG4204 (1)	(1)
TBA	TBA	TBA	Korfball (Mixed) su_korf@ust.hk	Fri. 6 - 8pm	S.H. Ho Sports Hall	(1)
TBA	TBA	TBA	Netball (M & F) su_net@ust.hk	Tue. 8 - 10pm Sat. 1 - 3pm	S.H. Ho Sports Hall	(1)
TBA	TBA	TBA	Rowing (M & F) su_row@ust.hk	Mon. 7 - 9pm Wed. 7 - 9pm Sat. 9am - 1pm	Mon. * Fok Ying Tung Sports Center Wed. Fitness Center Sat. Shatin Rowing Center	(2) (1) (Off-campus)
USFHK	3 & 4 Apr. 2015 (Sat. & Sun.) 8am - 6pm	King's Park	Rugby (M) su_rugby@ust.hk	Mon. 8 - 10pm	* Fok Ying Tung Sports Center	(2)
USFHK	3 & 4 Apr. 2015 (Sat. & Sun.) 8am - 6pm	King's Park	Rugby (F) su_rugby@ust.hk	Mon. 6 - 8pm	* Fok Ying Tung Sports Center	(2)
TBA	TBA	TBA	Shaolin Martial Arts (M & F) su_shao@ust.hk	Fri. 7 - 10pm	LG4204	(1)
TBA	TBA	TBA	Softball (M & F) su_soft@ust.hk	Wed. 7 - 10pm	* Fok Ying Tung Sports Center	(2)
TBA	TBA	TBA	Sport Climbing (Mixed) su_climb@ust.hk	Thu. 7 - 10pm	LG4 Climbing Wall	(1)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 1 - 6pm	HKUST	Squash (M & F) su_squas@ust.hk	Tue. 7 - 10pm Thu. 7 - 10pm	LG4 Squash Courts no.3 - 5	(1)
USFHK	26 Oct. 2014 (Sun.) 9am - 6pm	CityU	Swimming (M & F) su_swim@ust.hk	Tue. 6 - 8pm Thu. 6 - 8pm	Swimming Pool	(6 & 7)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 2 - 7pm	LU	Table Tennis (M & F) su_table@ust.hk	Mon. 7 - 10pm Thu. 7 - 10pm	LG1031	(1)
USFHK	14 & 15 / 21 & 22 Mar. 2015 (Sat. & Sun.) 9am - 8pm	PolyU	Taekwondo (M & F) su_tkd@ust.hk	Tue. 6 - 9pm Fri. 6 - 9pm	Tue. LG1 Lobby Fri. LG1031	(1)
TBA	TBA	TBA	Taichi (Mixed) su_taiji@ust.hk	Tue. 7 - 9pm Thu. 7 - 9pm	Tue. LG1031 Thu. LG1027	(1)
TBA	TBA	TBA	Tchoukball (M) su_tball@ust.hk	Sat. 10am - 12nn	S.H. Ho Sports Hall	(1)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 2 - 6pm	JSC	Tennis (M & F) su_tenni@ust.hk	Mon. 6 - 9pm Thu. 6 - 9pm	Tennis Courts no.1 & 2	(8)
USFHK	8 Mar. 2015 (Sun.) 9am - 5pm	JSC	Track & Field (M & F) su_track@ust.hk	Mon. 6:30 - 8:30pm Thu. 6:30 - 8:30pm	* Fok Ying Tung Sports Center	(2)
USFHK	Sundays (2 Nov. 2014 - Apr. 2015) 1 - 7pm	PolyU	Volleyball (M) su_volly@ust.hk	Thu. 8 - 10pm	S.H. Ho Sports Hall	(1)
USFHK	Saturdays (1 Nov. 2014 - Apr. 2015) 1 - 7pm	HKIEd/ CUHK	Volleyball (F) su_volly@ust.hk	Wed. 8 - 10pm	S.H. Ho Sports Hall	(1)
TBA	TBA	TBA	Water Polo (Mixed) su_swim@ust.hk	Wed. 7:30 - 9:30pm Sat. 9am - 12nn	Swimming Pool (6 & 7)	(6 & 7)
TBA	TBA	TBA	Wing Chun Martial Arts (Mixed) su_wcsoc@ust.hk	Mon. 7 - 10pm Wed. 7 - 10pm	Mon. LG4204 Wed. LG1031	(1)

USFHK – Competition organized by The University Sports Federation of Hong Kong

CityU - City University of Hong Kong

CUHK - The Chinese University of Hong Kong

HKBU - Hong Kong Baptist University

HKIEd - The Hong Kong Institute of Education

JSC - Joint Sports Center, Hong Kong Baptist University

LU - Lingnan University

PolyU - The Hong Kong Polytechnic University

HKU - The University of Hong Kong

* Fok Ying Tung Sports Center will be open for use after the completion of the renovation work in early Oct. 2014. Please send email to the sport club to check the training venue for Sept. 2014.



iversity@ust.hk

For further question on joining Sports Teams and intersports competitions

HKUST CAMPUS SPORTS FACILITIES MAP



Indoor Sports Facilities	室內運動設施	Outdoor Sports Facilities	戶外運動設施
1 S.H. Ho Sports Hall	何善衡體育館	2 Fok Ying Tung Sports Centre	霍英東體育中心
Spectator Gallery (G/F)	看台	Athletic Track & Artificial Turf Soccer Pitch	田徑場及人造草足球場
MAP LG1027	LG1027 室	3 Mini-soccer Pitch	小型足球場
LG1031	LG1031 室	4 Outdoor Basketball Court	室外籃球場
LG1 Lobby	LG1 大堂	5 Gymnasium in UG Hall 9	第九座學生宿舍健身室
MAP Amenities Service Counter (ASC)	設施服務櫃檯	6 7 Swimming Pools	室外及室內游泳池
MAP Fitness Centre	健體中心	8 9 Tennis Courts 1, 2 & 3	1、2、3 號網球場
Squash Courts	壁球室	10 Lawn Area	草地
Climbing Wall	攀登牆	11 Golf Practice Cage	高爾夫球練習場
LG4204 Multi-purpose Room	LG4204 多用途室	12 Tennis Courts A, B & C	A、B及C 號網球場
MAP LG5201 Multi-function Room	LG5201 多用途室	13 14 15 Tennis Courts 4, 7 & 8	4、7及8 號網球場