

2019 Hong Kong Inter-School Rope Skipping Competition

Our Rope Skipping Team joined the 2019 Hong Kong Inter-School Rope Skipping Competition at Sheung Shui Po Wing Road Sports Centre on 19th May 2019. The competition attracted other local tertiary institutes including EdUHK, HKBU and VTC, etc. HKUST sent a team of 10 athletes to participate in 7 events. We were pleased to announce that our rope skippers brought home the Overall Champion together with 6 other prizes highlighted below:

Event	Results
30-seconds Double Rope Speed	Champion
2-minutes Single Rope Speed	2 nd Runner Up
1-minute Team Rope Speed	1 st Runner Up
45-seconds Team Double Dutch Speed	1 st Runner Up
45-seconds Individual Freestyle	2 nd Runner Up
1-minute Double Dutch Freestyle	1 st Runner Up
Overall	Champion

The team would like to express appreciation for the support from the University!



What a dive! HKUST Rope Skippers are performing their best.



Congratulations! HKUST achieves the overall Champion.