

## The Outstanding Performance of HKUST Men & Women Teams in the 2018-19 USFHK Squash Competition

The HKUST Squash Teams demonstrated outstanding performance in the 2018-19 USFHK Squash Competition. Our men's & women's teams went through intense training sessions every Tuesday and Thursday night with increased attendance rates compared to the past few years. In addition to the regular practice on campus, they also had extra training activities off campus to get every team member better prepared for the inter-varsity competition. The team had also fostered closer bondages this year by having dinner together after every training session and by studying techniques used by professional players to improve ourselves.



Women's team in final on 24 Feb., 2019.



Prof. PONG Ting-Chuen, Acting Provost came to support Vanessa playing in the match!

Both the men's and women's teams finished in the top four at the USFHK Squash Competition this year. The men's team had two wins and one loss, while the women's team had one win and one loss in the preliminary round. After both teams entered the semi-finals, the men's team lost to CityU but beat HKU after several intense matches fighting for third place at the finals. The women's team finished with fourth place after the finals.



Men's Team brings home the bronze medal and trophy.



Team photo during the prize ceremony.