

HKUST Sports Leader Development Program Sports Injury Prevention & Treatment Workshops [Spring Term 2015-2016]

Dear Sports Team Members,

I am pleased to announce another series of "Sports Injury Prevention & Treatment Workshops" will be offered in this spring semester.

Please note **registration will be accepted on first-come-first-served basis**. Please submit your registration details and the workshop fee to your [Team's SAO Sports Advisor](#) before the stated deadline.

Take note successful registrants will receive email notice on the next working day to confirm their registration. Those not accepted to the workshop will receive email to collect the workshop fee refund in the following week.

The Workshop details are:

Workshop Title	1. Taping the Upper Limbs	2. Taping for Racket and Individual Sports	3. Sport Massage	4. Taping the Lower Limbs
Date	4 Feb. 2016 (Thur.)	19 Feb. 2016 (Fri.)	24 Feb. 2016 (Wed.)	29 Feb. 2016 (Mon.)
Time	7-9pm			
Venue	LG3002			
Workshop Fee	\$70	\$70	\$50	\$70
Souvenir	1 roll Kinesio Tape	1 roll Kinesio Tape	1 Deep Cold Gel (100g)	1 roll Kinesio Tape
Registration deadline	26 Jan. 2016 (Tue.) noon		2 Feb. 2016 (Tue.) noon	
Registration	submit your registration details and the workshop fee to your Team's SAO Sports Advisor before the stated deadline			
Enquiry	Circle LAU at 2358-5879 or Ricky YEUNG at 2358-6667			

Thank you for your attention and I look forward to receiving your registrations.

Regards
Theresa LEUNG
Associate Director (Student Life)
Student Affairs Office