

## 7th HKUST PACER Challenge cum 2015 HKUST Joint Universities PACER Challenge on 12 April 2015 (Sunday)



**PACER - Progressive Aerobic Cardiovascular Endurance Run**  
# a 15-meter shuttle run test to estimate cardio-respiratory fitness



The HKUST PACER Challenge Project is a year-long project supported by the Student-led Projects for Internationalization & Student Integration funding. After organizing the 5<sup>th</sup> and 6<sup>th</sup> HKUST PACER Challenge in 2014, the PACER Project team was well equipped to hold the 7<sup>th</sup> HKUST PACER Challenge cum 2015 HKUST Joint Universities PACER Challenge on 12 April 2015 (Sunday) in S. H. Ho Sports Hall. This time, the invitation was extended to students of all universities in Hong Kong.

We were glad to have the Men's and Women's PACER Teams of the Hong Kong Baptist University (HKBU) to compete with the HKUST PACER teams at the 2015 Joint Universities PACER Challenge. The 7th HKUST PACER Challenge cum 2015 HKUST Joint Universities PACER Challenge had attracted 47 HKUST student participants (25.5% non-local students), 8 HKBU student participants and 40 HKUST students to serve as volunteer judges and officials. All participants and volunteers brought home more knowledge about PACER and souvenirs (PACER towel and T-shirt).



Men's

### 2015 Joint Universities PACER Challenge



Position	Team Name & Members	Total PACER Laps
1st	<b>HKBU</b> LEUNG Yu Chun, LAU Tsun Ling, NG Chung Yin, SO Man Ho	536
	<b>HKUST</b> YIU Ho Kwong Tommy, LEUNG Chun Kit WONG King Wong, FONG Tsz Tun	487

Women's

Position	Team Name & Members	Total PACER Laps
1st	<b>HKBU</b> CHAN On Ki, WONG Hiu Tung, TSANG Wing Hei, LEE Yan Yee	463
	<b>HKUST</b> WU Sin Hung, KO Ching Ling Frieda, TAM Wai Sum, Garima THAKUR	308



## 7th HKUST PACER Challenge

### Men's Individual



Position	Name	PACER Laps
1st	LEUNG Chun Kit	144
2nd	HO Chun Pong	130
3rd	NG Kwok Hing	127

### Women's Individual



Position	Name	PACER Laps
1st	WU Sin Hung	94
2nd	Garima THAKUR	80
3rd	WONG Lok Hin	76

### Team



Position	Team Name & Members	Total PACER Laps
1st	<b>OpenRice</b> WU Sin Hung, FONG Ysz Tun, HO Chun Pong, Garima THAKUR	424
2nd	<b>Random</b> WONG King Wong, KO Ching Ling Frieda, WANG Kai, NG Kwok Hing	378
3rd	<b>WERUN</b> CHAN Yu Long, WONG Lok Hin, LOH Ying Hao, WONG Lok Han	367

**Congratulations to all the winners 😊**

**We are grateful to the support of the Student-led Projects for Internationalization & Student Integration funding!**



Like our Facebook page and have a look at the event photos!